



S P Jain
School of Global
Management

DUBAI • MUMBAI • SINGAPORE • SYDNEY



YOUNG MANAGERS PROGRAM



SP Jain School of Global Management is an Australian business school that provides modern, relevant and practical global business education. With campuses in the dynamic business hubs of Dubai, Mumbai, Singapore and Sydney, SP Jain is renowned for offering multi-city undergraduate and postgraduate programs. For its flagship Global MBA program, the School has been ranked by reputed international publications such as Forbes, Times Higher Education–Wall Street Journal and The Economist. Globally intelligent and culturally agile, an SP Jain graduate is empowered with the skills and confidence to drive decisions and take on the global challenges of the 21st century.



PROGRAM OVERVIEW

SP Jain's Young Managers Program is designed to equip emerging leaders and early-career managers with the mindset, confidence, and leadership capabilities required to thrive in today's fast-changing business environment.

The program focuses on helping young managers transition effectively from individual contributors to people managers by strengthening their emotional intelligence, communication effectiveness, growth mindset, and decision-making abilities. Drawing from the latest research in neuroscience, positive psychology, behavioral science, and leadership studies, the program offers highly practical and engaging learning experiences.

Participants will develop self-awareness, resilience, collaboration skills, and the ability to lead teams with empathy and impact. Through reflective exercises, discussions, case studies, and real-world applications, the program enables young professionals to become confident, future-ready leaders.

LEARNING OUTCOME

At the end of the program, participants should be able to:

- Build confidence and leadership presence as emerging managers
- Develop emotional intelligence and resilience in workplace situations
- Strengthen communication, collaboration, and relationship-building skills
- Transition effectively from individual contributor to team leader
- Apply a growth mindset to personal and professional challenges
- Improve self-awareness and decision-making capabilities
- Create actionable development goals and career growth plans
- Enhance personal effectiveness, energy, and well-being
- Lead teams with empathy, accountability, and purpose

WHO CAN PARTICIPATE

The program is designed for young managers, emerging leaders, and high-potential professionals who are transitioning into managerial responsibilities or preparing for leadership roles.

The program is ideal for professionals who want to strengthen their people management skills, improve workplace effectiveness, and build the confidence to lead teams and drive results.

PROGRAM DELIVERY

The total duration of the program will be 18 hours spread across a couple of weeks and the mode of delivery would be virtual instructor led.

PEDAGOGICAL APPROACH

- Faculty-led interactive sessions
- Real-world business examples
- Self-assessment tools and reflection exercises
- Case study analysis and discussions
- Peer learning and collaborative activities
- Simulation exercises and role plays
- Action planning and practical application





DETAILED PROGRAM ARCHITECTURE

DISCOVERING YOUR LEADERSHIP STYLE & PERSONAL VALUES

- Understand the foundations of self-awareness and authentic leadership
- Discover personal strengths using globally recognized assessment frameworks
- Identify personal values, purpose, and leadership aspirations
- Build a personal development and career growth action plan
- Learn how self-awareness impacts leadership effectiveness

GROWTH MINDSET & PERSONAL EFFECTIVENESS

- Understand the science of growth mindset and learning agility
- Identify limiting beliefs and barriers to success
- Develop adaptability and openness to feedback
- Learn techniques to improve confidence and continuous learning
- Build habits for professional growth and accountability

EMOTIONAL INTELLIGENCE & PEOPLE MANAGEMENT

- Understand the role of emotions in workplace interactions
- Improve self-regulation, empathy, and interpersonal effectiveness
- Learn techniques for handling workplace conflicts and difficult conversations
- Build stronger team relationships through trust and communication
- Enhance leadership effectiveness through emotional intelligence

ACHIEVING HIGH PERFORMANCE & RESILIENCE

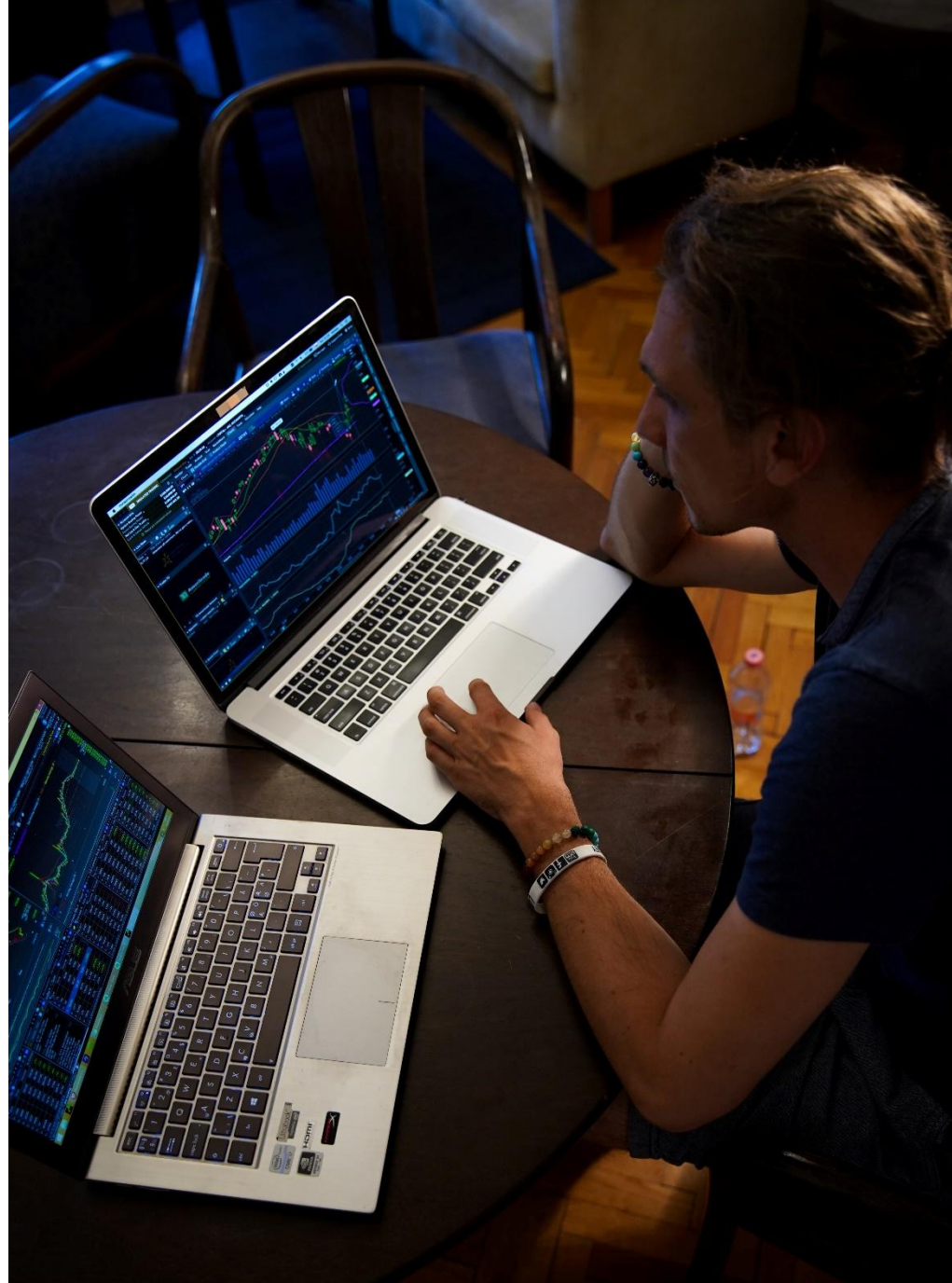
- Learn practical strategies for productivity and performance management
- Understand resilience and stress management in fast-paced work environments
- Develop positive habits for energy management and well-being
- Improve focus, motivation, and goal achievement
- Build mental agility to navigate change and uncertainty

COMMUNICATION & INFLUENCING SKILLS FOR YOUNG MANAGERS

- Develop impactful communication and active listening skills
- Learn techniques to influence without authority
- Improve presentation and stakeholder management skills
- Practice constructive feedback and coaching conversations
- Strengthen collaboration across teams and functions

LEADING WITH EMPATHY & PURPOSE

- Understand empathetic leadership and its workplace impact
- Learn how to motivate and inspire teams authentically
- Build inclusive and people-centric leadership behaviours
- Strengthen trust, accountability, and team engagement
- Explore practical ways to lead with purpose and integrity



FACULTY MEMBERS PROFILE

A world record holder and an award-winning Professor, Trainer, Licensed NLP practitioner and Executive Coach in India with nearly 30 years of rich experience covering academic-teaching and management-level employment, including 15 years in the corporate sector in senior-level HR positions. He has so far trained thousands of participants in areas of behavioural science, organizational behaviour, organizational development, general management and leadership. He has served as an executive coach to numerous senior-level managers, directors, and CXOs, leveraging his extensive experience in organizational behavior, leadership, and human resources.

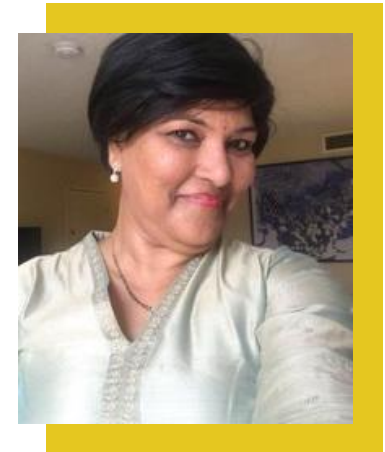
Author of five books and numerous research papers.

Recipient of 18 best research paper awards and the prestigious award for Best Professor in Human Resources Management awarded by World HRD Congress and featured in the Top 100 Professors list. He is also a recipient of multiple prestigious awards, including the Iconic HR Professor Award. He is also a Record Holder in India Book of Records, Asia Book of Records, World Records India.



Dr. Ravindra Dey
Professor & Corporate Trainer

Dr. Kiranmai brings together a unique blend of keen academic focus and organizational experience. She has successfully straddled diverse roles in teaching, training, human resource development, consulting, quality, and technical writing. She is an accomplished author with multiple of her books prescribed as curriculum by various universities across the country. She is also an international examiner for the University of Cambridge, U.K., IDP, Australia, and an education consultant for British Council, India, community colleges of Sinclair, USA, and Montego Bay, Jamaica. Dr. Kiranmai has an extensive knowledge of Talent Cultures, and Talent Markets, as well as Employment Laws across the countries in EMEA Region, APJ Region, and Greater China Region, given her HR Executive Role covering the regions, outside the Americas. Dr. Kiranmai led the greenfield project of establishing the first India Technology Centre (a GCC) for Fortune 100, UPS, a shipping & logistics major, in Chennai, in 2023. Dr. Kiranmai, was the Head of Human Resources and Site Administration, Intercontinental Exchange (ICE) India, the parent company of New York Stock Exchange (NYSE), starting its Data Services operations in India in 2019. Kiranmai Pendyala is also the Governing Body Member on several Higher Education Institutions/ Deemed Universities as well as serves pro bono on the Board of United Way, Hyderabad.



Dr. Kiranmai P
Professor & Corporate Trainer

